

Role of the Coach in Supporting an Athlete's Dual Career

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Swimming Training Centre

Head Coach

Daily Rhythm

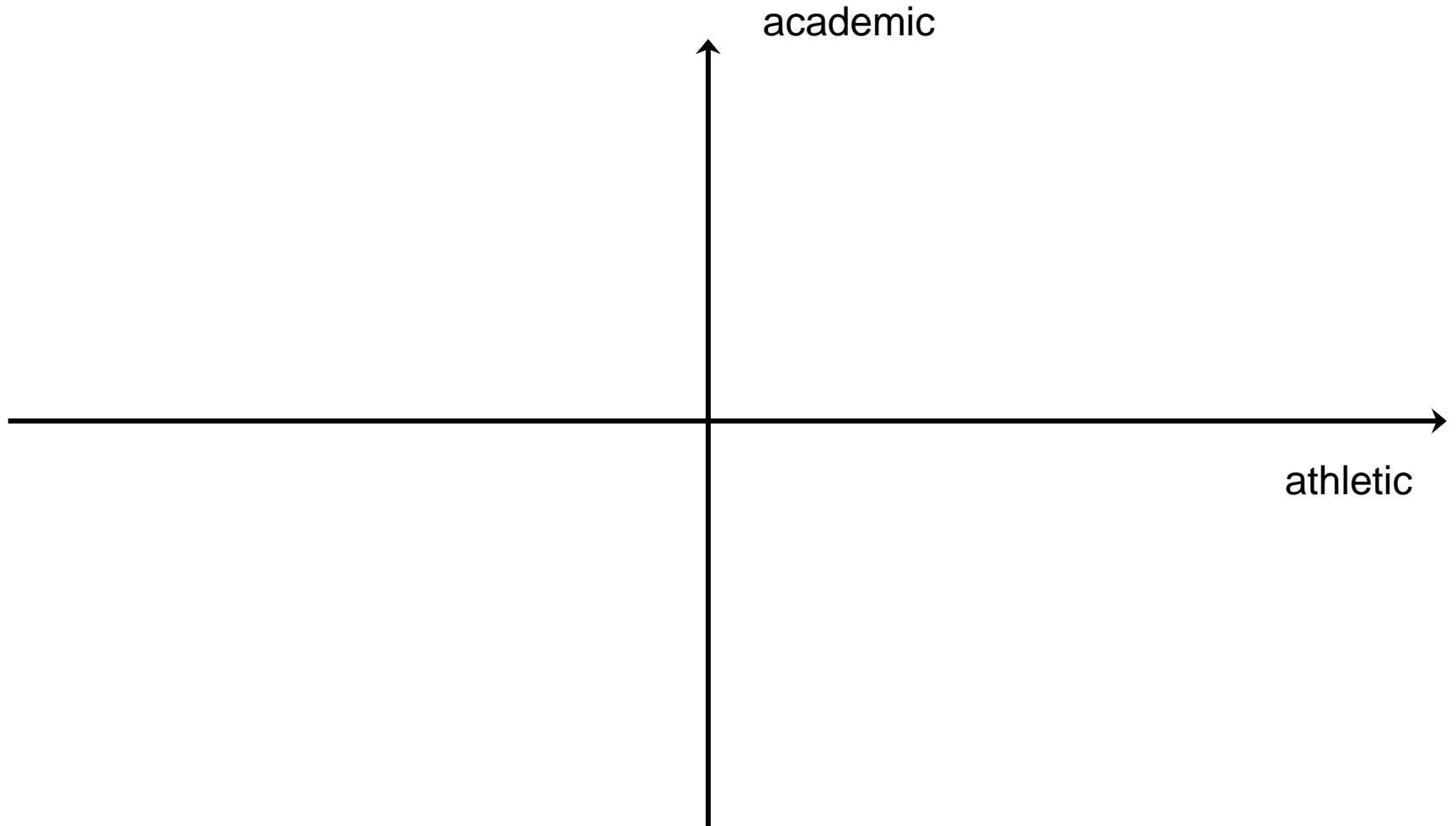
- Crucial for a successful dual career
- Ensures daily
 - Training
 - Studying
 - Meals
 - Sleep
 - Commuting

Metropolitan Sports Academy

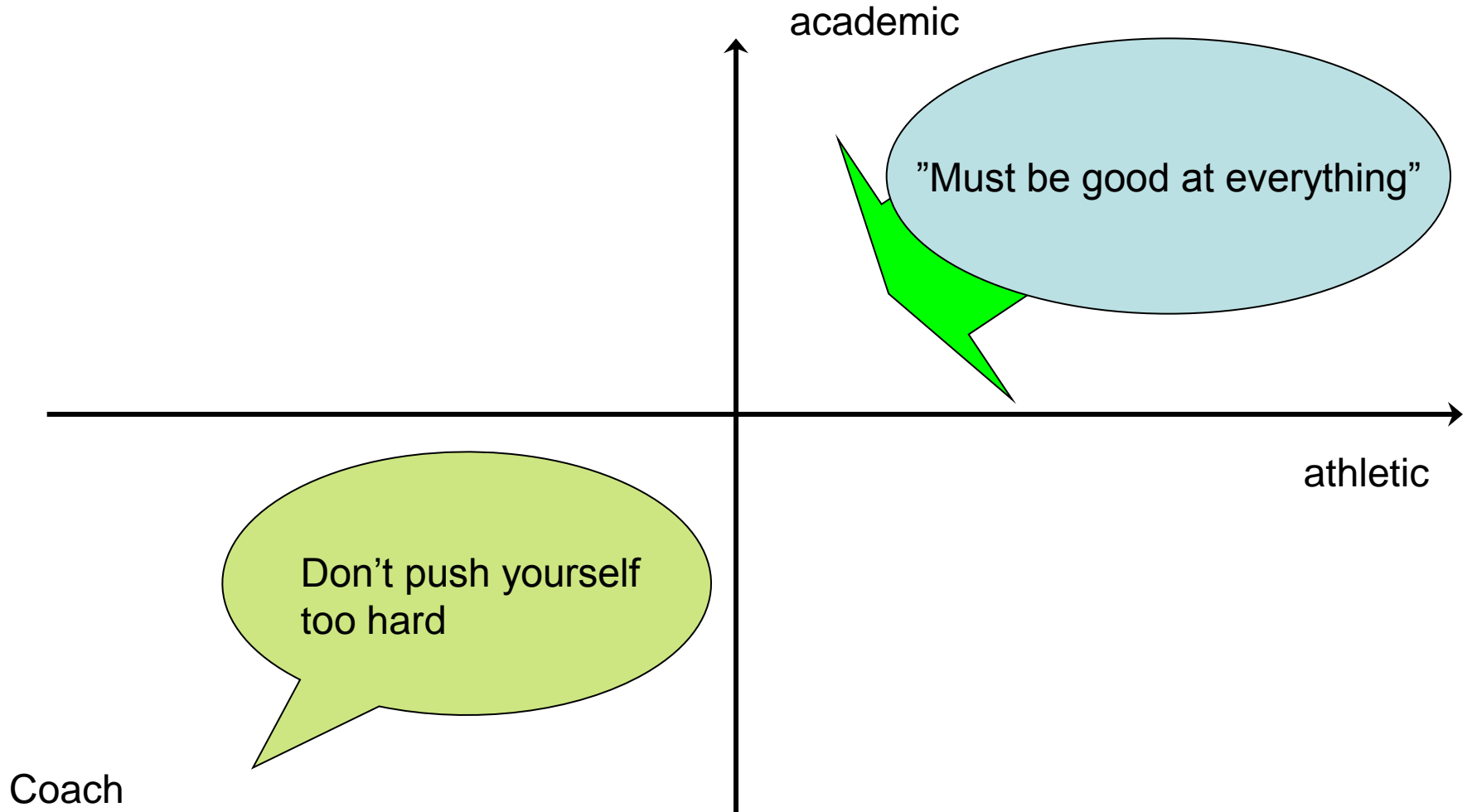
two levels

- High School (and vocational)
 - Well thought through daily structure
 - Easy to pursue both careers
- Higher Education
 - Lot of variance
 - Self reliance

Orientation of Ambition



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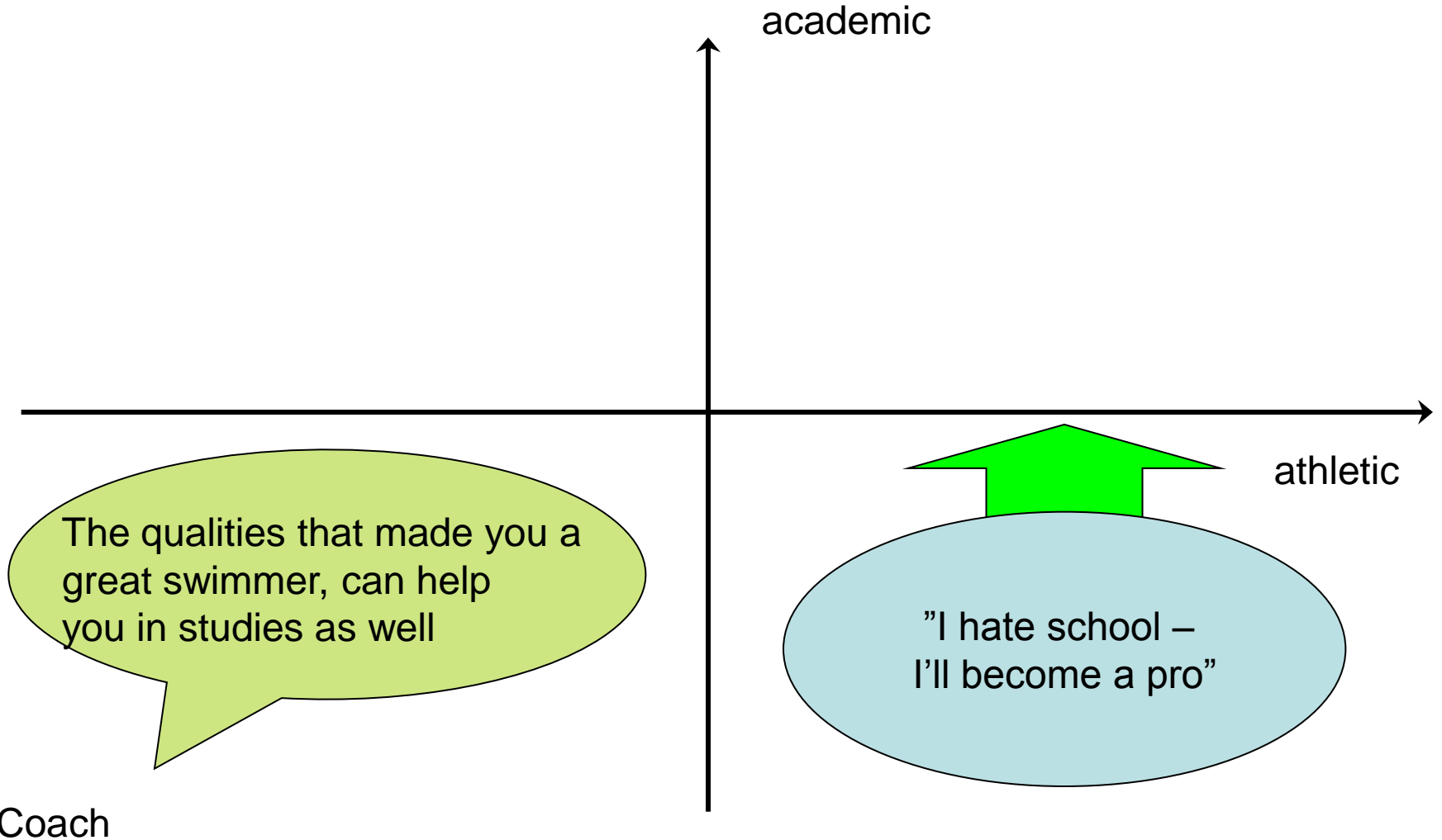
academic

athletic

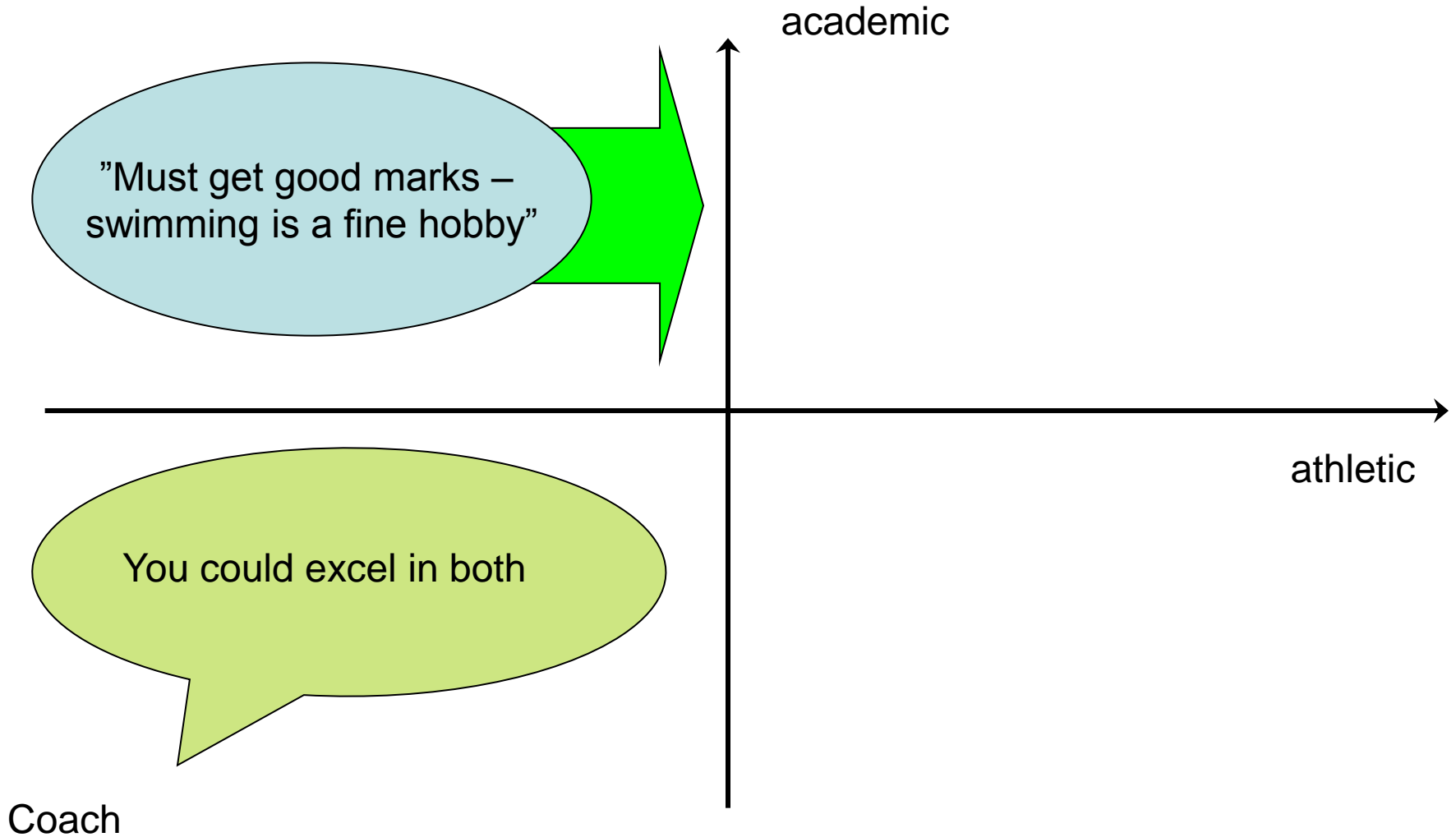
The qualities that made you a great swimmer, can help you in studies as well

"I hate school – I'll become a pro"

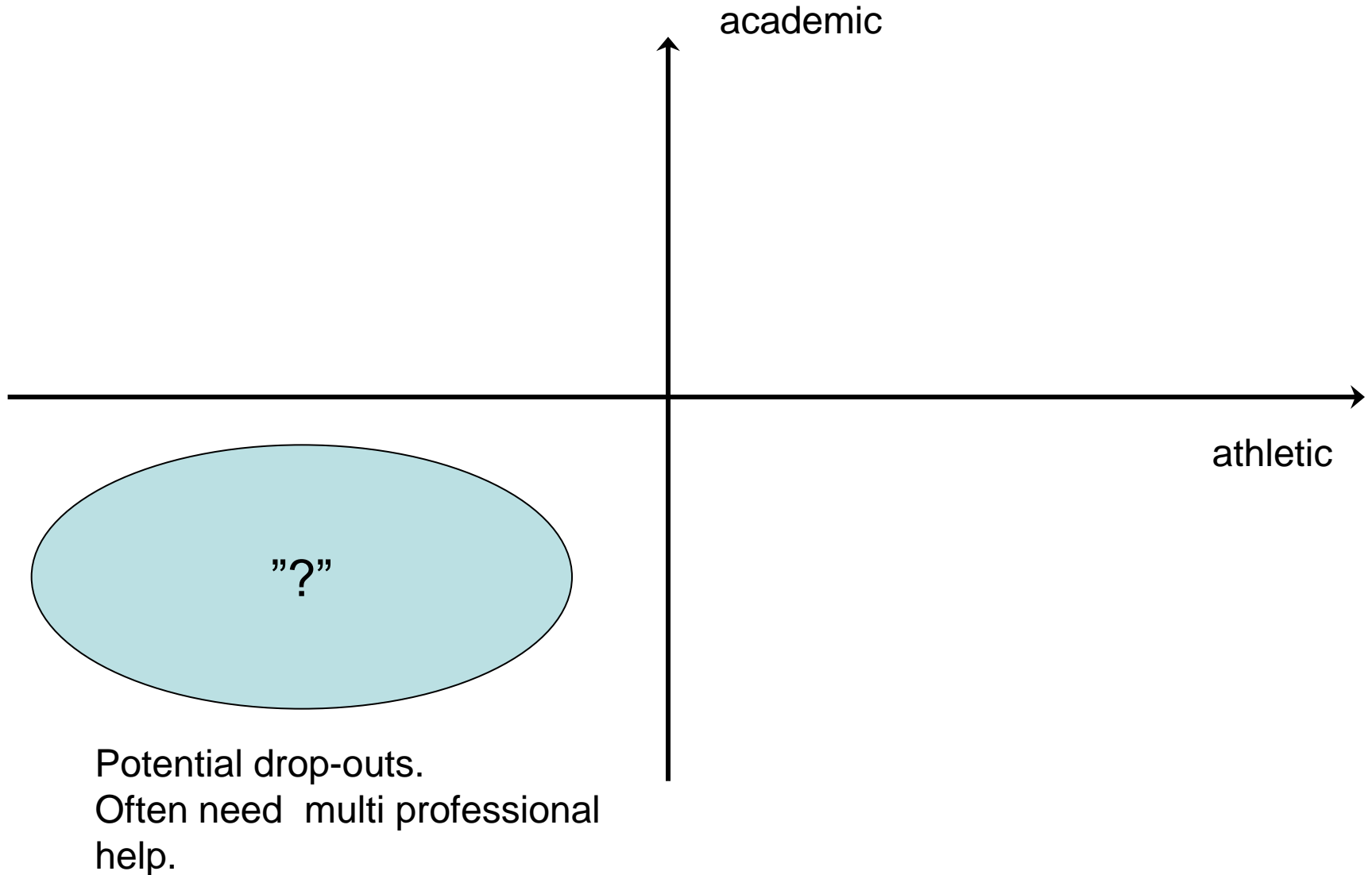
Coach



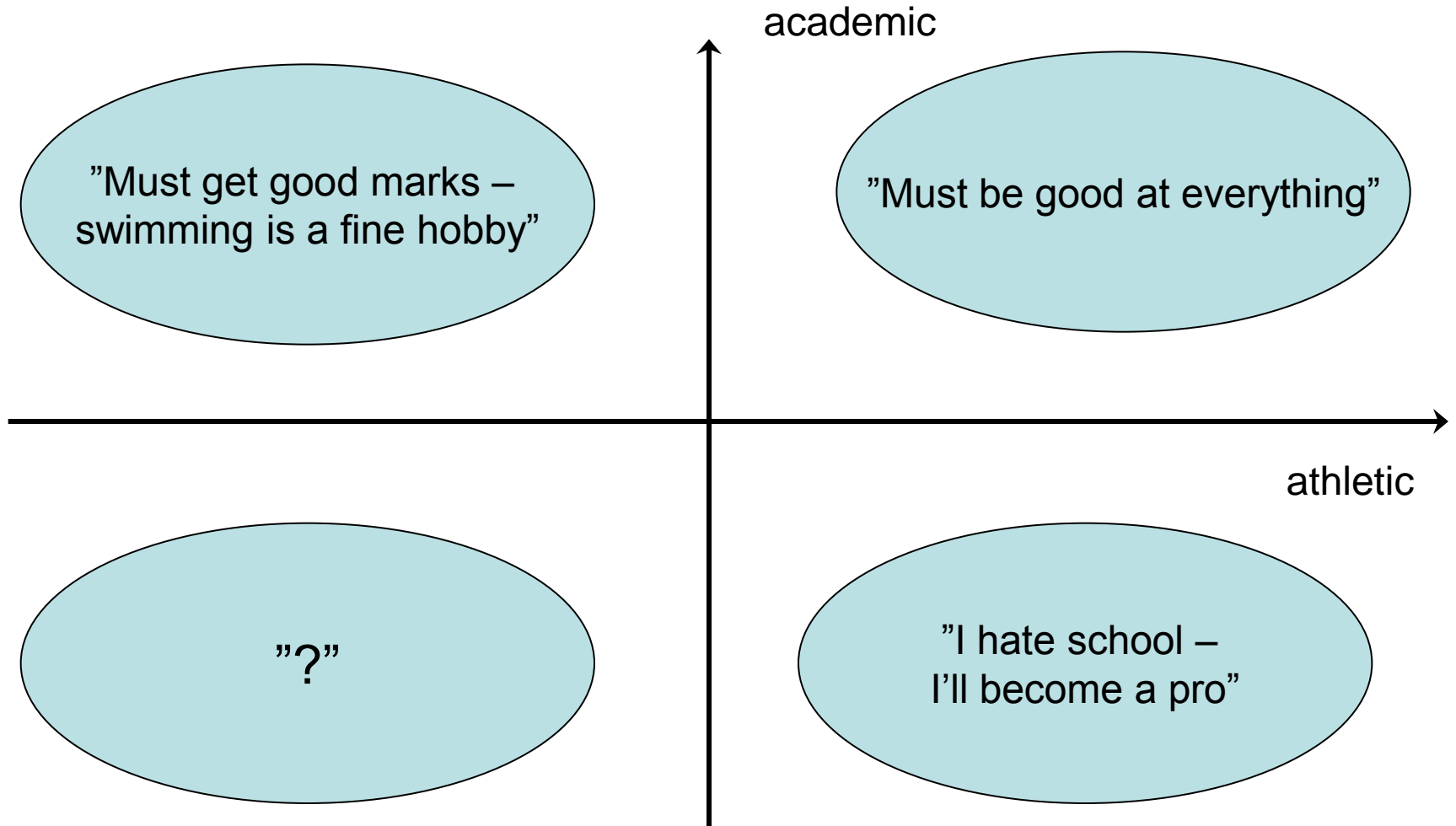
Orientation of Ambition



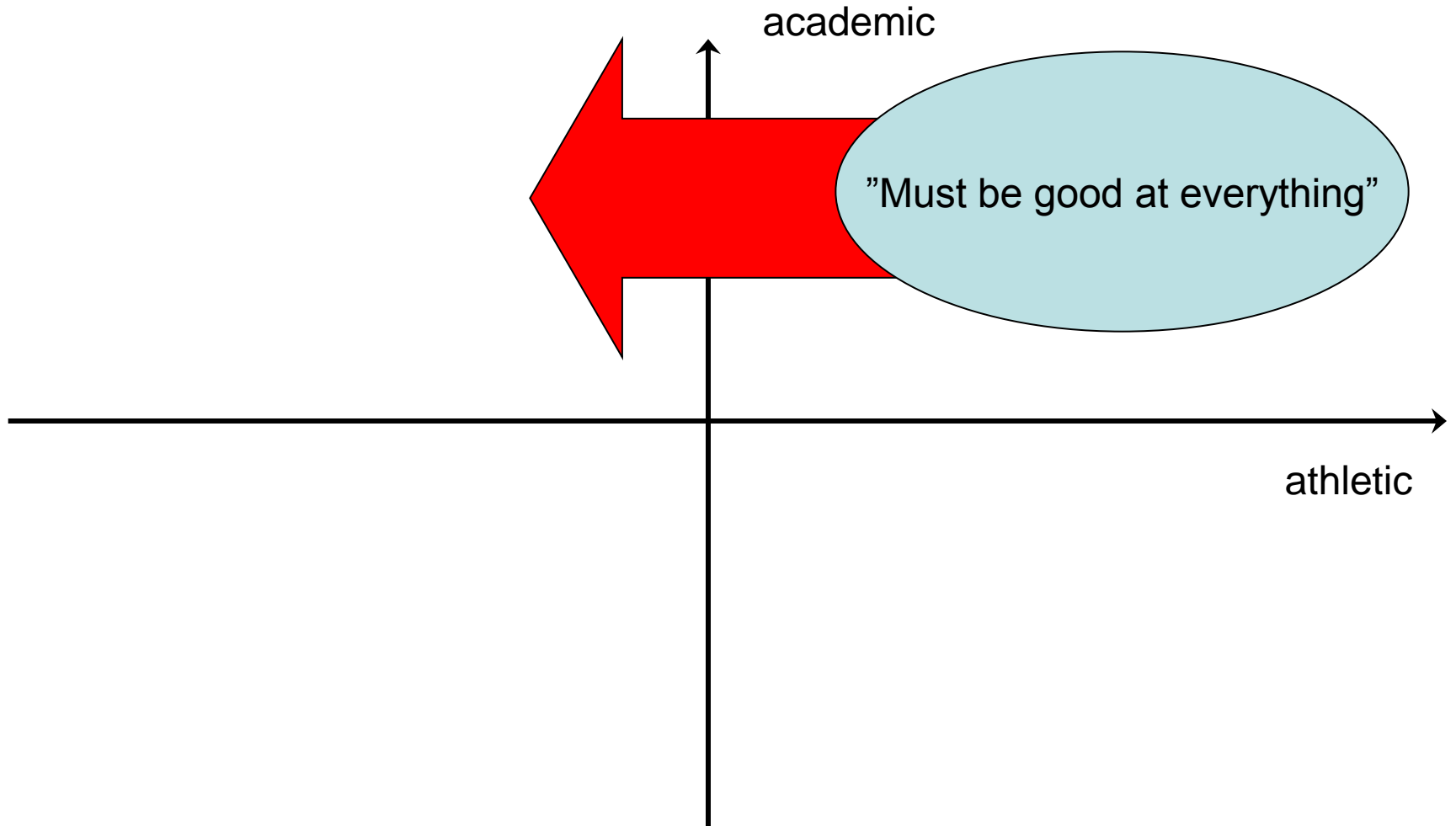
Orientation of Ambition



High School



Higher Education



We need an European equivalent of the NCAA

- Add 4 easy years to a dual career
- Ensure a degree to serious athletes
 - A safety net in case of a career ending mishap
- Financial security during career in non-professional sports
- Keep our athletes here
 - Raise level of competition
 - Set example to younger athletes