



# CTO's and NTC's in the Netherlands

Lausanne, 26 January 2011



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# History

- Olympic Games Athens 2004 – Masterplan Talent Development
- Top 10 ambition
  - Increasing international competition
  - Increasing training and competition programmes
  - Failure talents due to infrastructure deficiencies:
    - Combination sports and studies
    - Availability and quality accommodations
    - Increasing travelling time
    - Availability services



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# CTO's and NTC's

- Fulltime training, Study/Work/Living in 1 place
- Minimum Travelling Time
- Senior Programs and Senior-1
- Best Athletes
- Professional (talent)Coach Driven
- Elite Sports Culture
- Inspiring learning environment + exchange
- Minimum of 6 Federations per CTO



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# Accreditation Process

Accreditation System to reach Minimum Standard of Quality :

- Organization
- Infrastructure
- Training Accommodation
- Education
- Housing
- Paramedical Services
- Staff and experts

All CTO's and NTC's passed accreditation by independent company January 1, 2010



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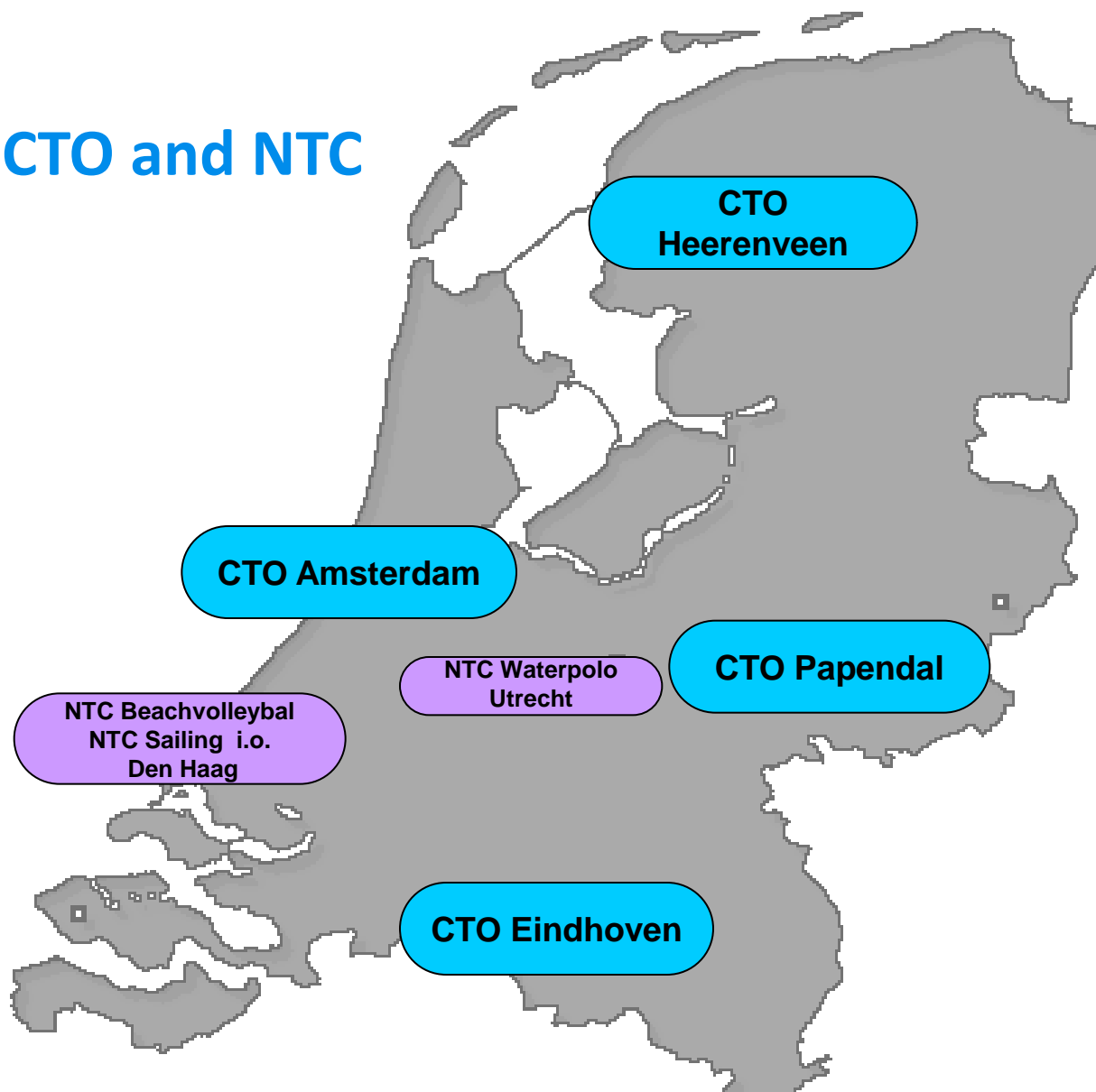
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# Locations CTO and NTC



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# CTO's organisation

- Each CTO/NTC is different, according to local situation
- Not always everything located in one place
- Cooperation CTO/NTC, Olympic Network, Schools, Local Government, Federations and other service providers at local level.



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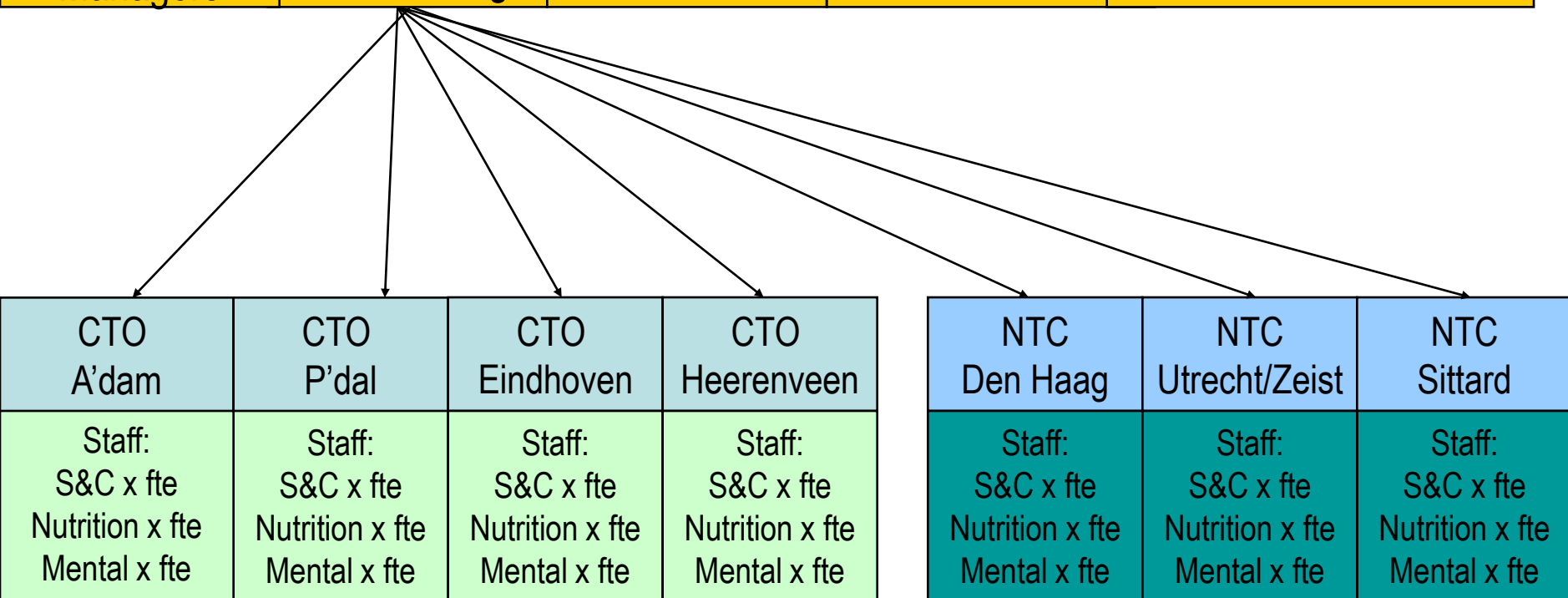
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# Services at CTO's

National Technical Director /Chef de Mission - Maurits Hendriks NOC\*NSF  
 Technical Staff :

Performance Managers	Strength and Conditioning	Medical services And nutrition	Mental	Sport Science
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# Dual career partners

- Ministry of Education?
- Randstad
- Police/Defence





dlto  
amsterdam

The logo features the word "dlto" in a bold, lowercase, sans-serif font. A red flame-like shape is positioned above the "l". Below the "l" is a vertical column of four red "X" marks. To the right of these "X" marks, the word "amsterdam" is written in a lowercase, sans-serif font.

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- 7 Sports / 7 National Federations (NGB's)
- 160 Athletes
- 12 Programs
- 9 Talent Programs
- 3 High Performance Programs (rowing, swimming and squash)



Ministry of Education, Culture and  
Science

**Compulsory Education Act (1969): compulsory education age 6-16**  
**Compulsory attendance until attainment of basic qualification (2007)**

- **Primary (<12)**
- **Secondary (VMBO<16, HAVO<17, VWO<18)**
- **Vocational (MBO, 16-20)**
- **Higher (Higher Professional Education (HBO) and University Education)**

**Statutory minimum norm: 1000-1040 hrs**



- Johan Cruyff College (ROCvA, vocational)
- Johan Cruyff University (HvA, higher)
- Randstad Topsport Academy (national, higher)

*Educational coordinator ----> 5 Institutions*

*----> 160 Athletes*

- Focus on Athletes < 18 years

## Experiences so far

- Combining full time training and education is really hard for young athletes
- Change of environment / change of lifestyle makes it even harder
- Brand group of young athletes is vulnerable (mentally as well as physically)
- We don't recommend a combination of CTO and 'physical demanding' studies (e.g. teacher of physical education)
- Athletes mature very quickly (on and off the field)
- Coaches determine the success and quality of a program
- Coaches carry a big responsibility
- Highest demand is for physical therapists & strength and conditioning trainers
- All programs are customized (priorities, approach, needs)

- Develop a community feeling amongst CTO Amsterdam athletes
- Optimize availability of sports accommodations in Amsterdam
- Decentralized Amsterdam setup offers specific challenges to CTO Amsterdam organization
- Deliberate increase of CTO Amsterdam sports / programs
- Structural implementation of sport scientific support and research



# Challenges for the future, improvement quality on:

- **Combination Sports & Education**
- **Medical Services**
- **Sport scientific support (embedded)**
- **Elite Sports Lifestyle coaching**
- **Extra long term funding + Sponsors**
- **Monitoring**



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Ingrid van Gelder



Marrit Leenstra



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