

Sport at Loughborough University

“The No 1 sporting University in the UK”



developing people, developing sport

A Leading University

The Sunday Times University of the Year 2008-9



Ranked in the Top 15 of UK universities:

10th in The Guardian University Guide 2009

11th in The Sunday Times University Guide 2008

12th in The Times Good University Guide 2009

13th in The Complete University Guide 2009

Respected by Students

- Winner of the Times '**Best Student Experience**' 2006, 2007, 2008 and 2009
- Awarded '**Best International Students Union of the Year 2009**' by the National Union of Students (NUS)



The place



Topics

- History and evolution
- Sport at Loughborough
 - *Links to partners*
- Dual Career/Lifestyle processes

History and evolution

**Physical Education Teacher
Training(Lecturers & Coaches)**

*PT coaches +
Lecturers*

*FT coaches +
Lecturers*

*FT coaches +
Lecturers*

**Sport
Development
Centre**

Sport Science

*Sport & Exercise
Science*

**School of Sport,
Exercise &
Human Science**

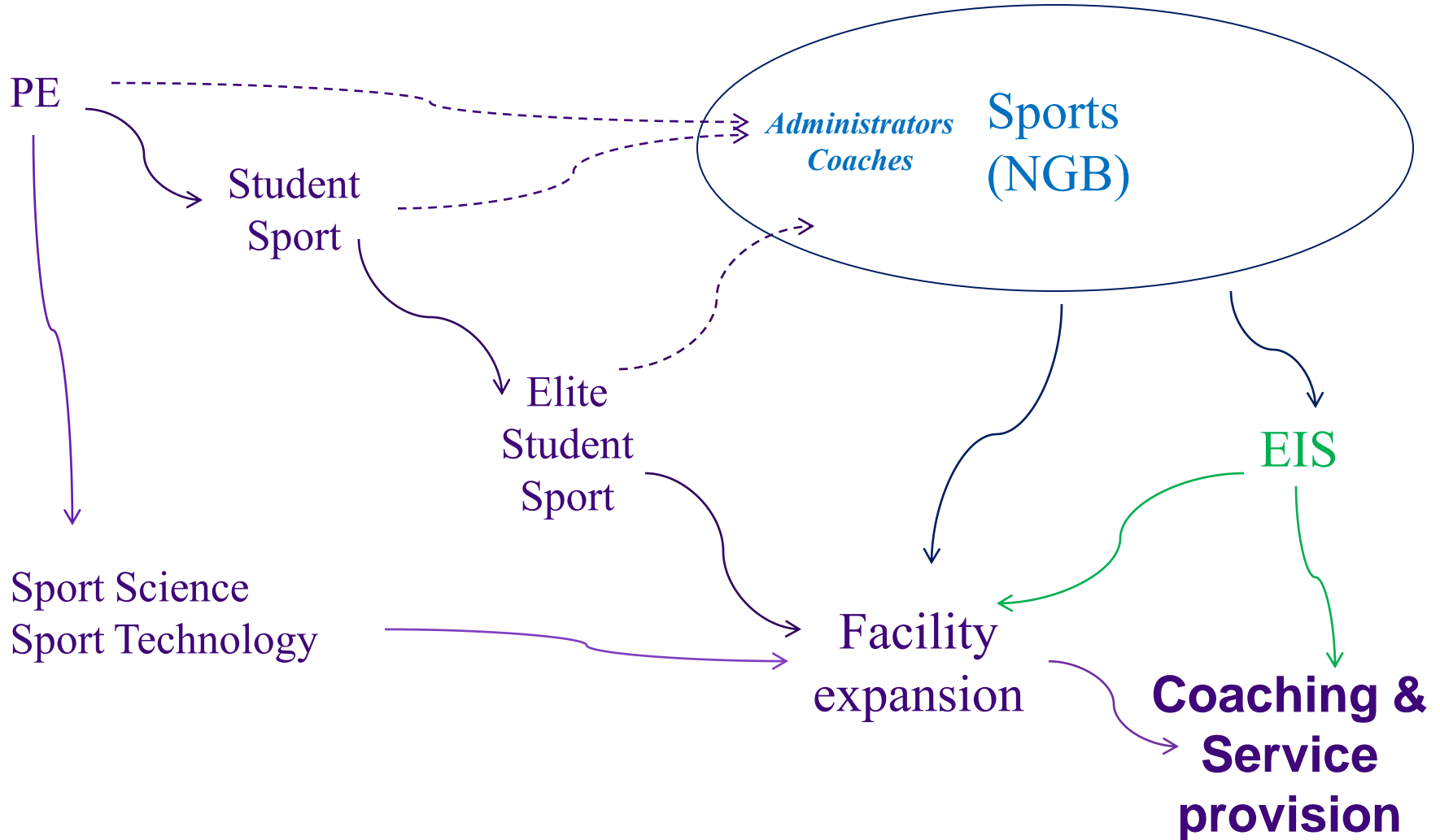
Engineering

*Engineering for
Sport*

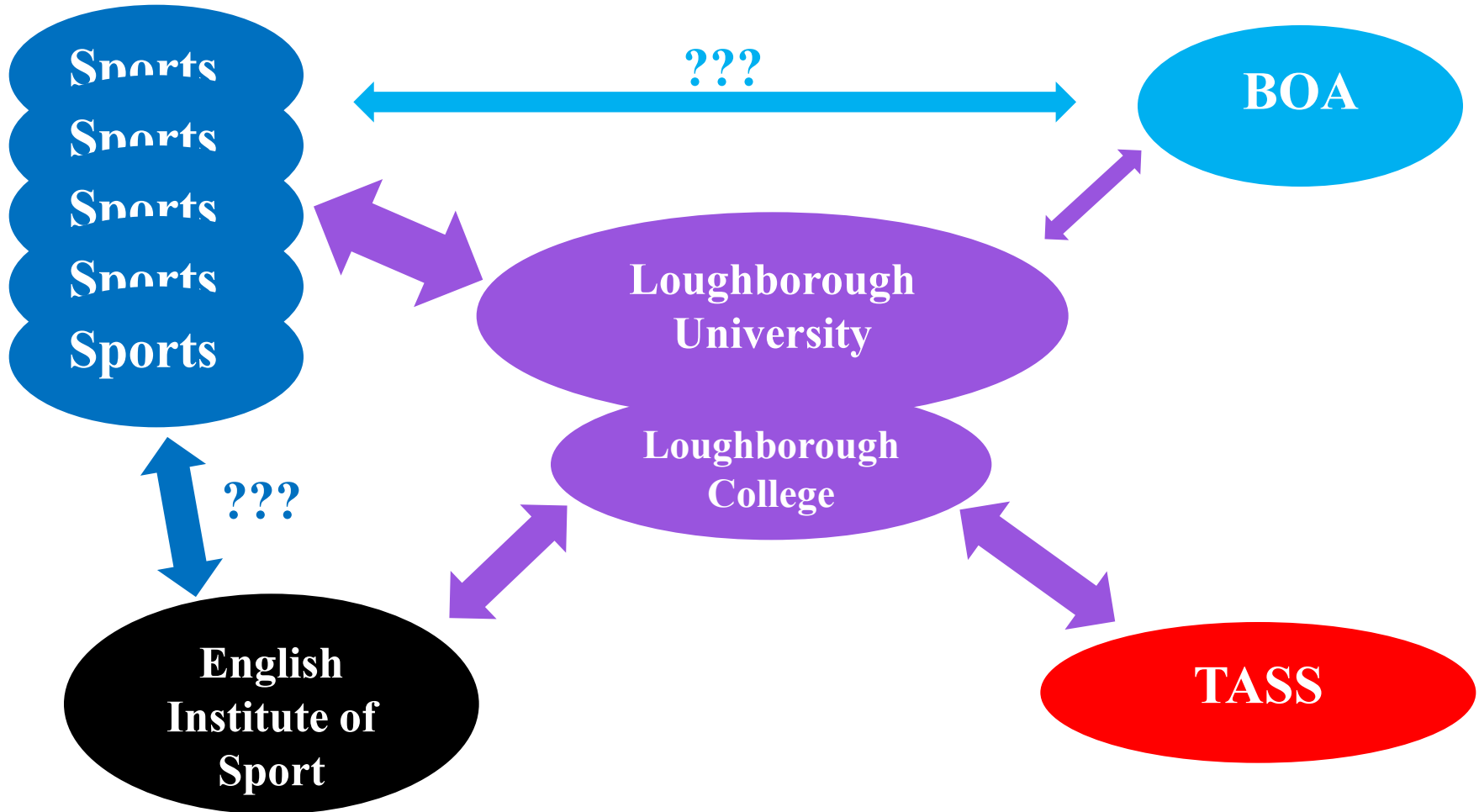
*Technology in
Sport*

**Sports
Technology
Institute**

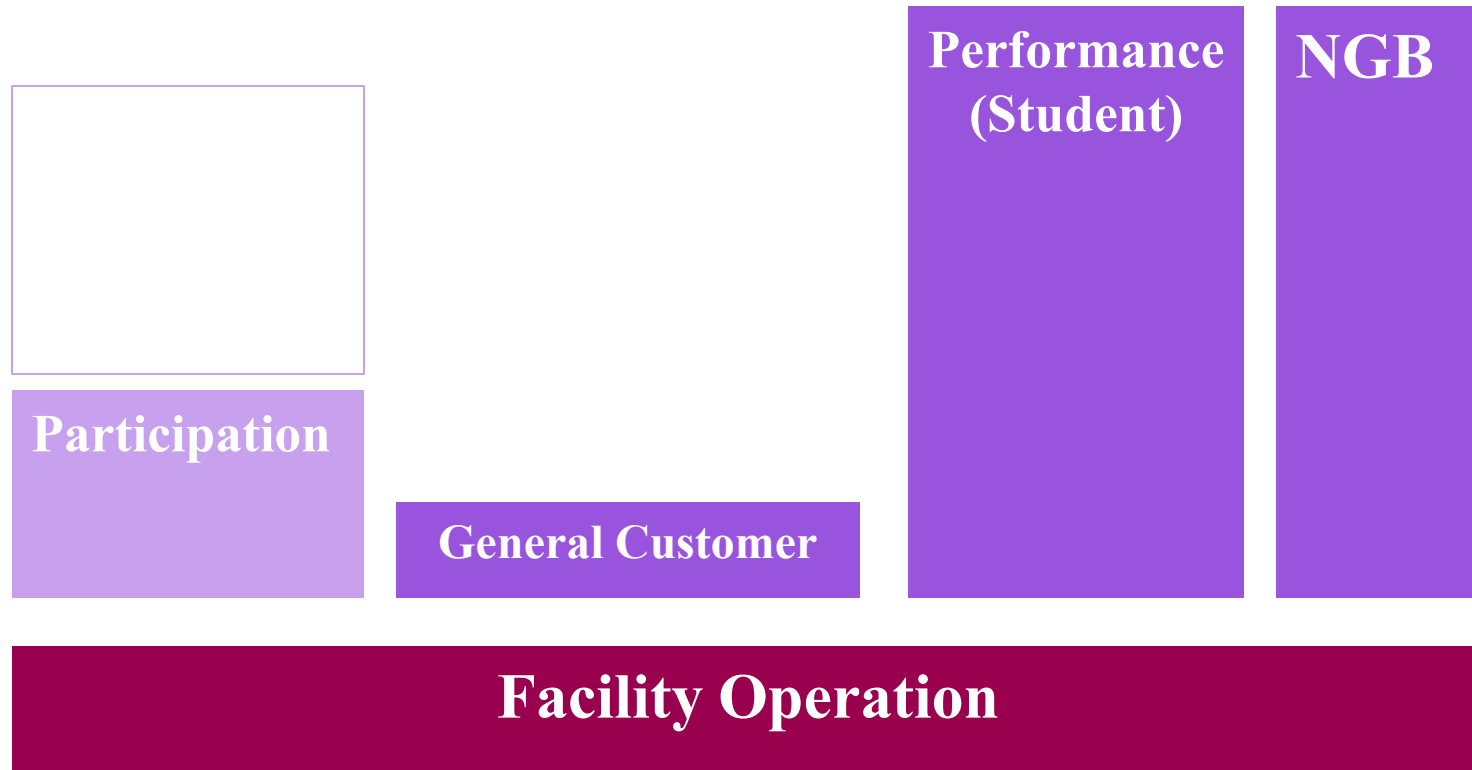
History and evolution



Partners: Loughborough Family



Sport Development Centre



University Strategic Vision

Ethos:

A unique contribution to the development of a wide range of sports, allowing exceptional opportunities for participation and achievement at every level.

Sport on campus, a unique atmosphere

The largest single-site campus in the UK with over 437 acres

Over 5,000 students living in 17 campus halls

All 17 halls compete in intra mural competition in 24 different sports = over 60 fixtures per week

One of the UK's biggest independently owned Students' Union

47 student run sports clubs with over 4500 playing members

25 football teams playing regularly in 11 a side competition

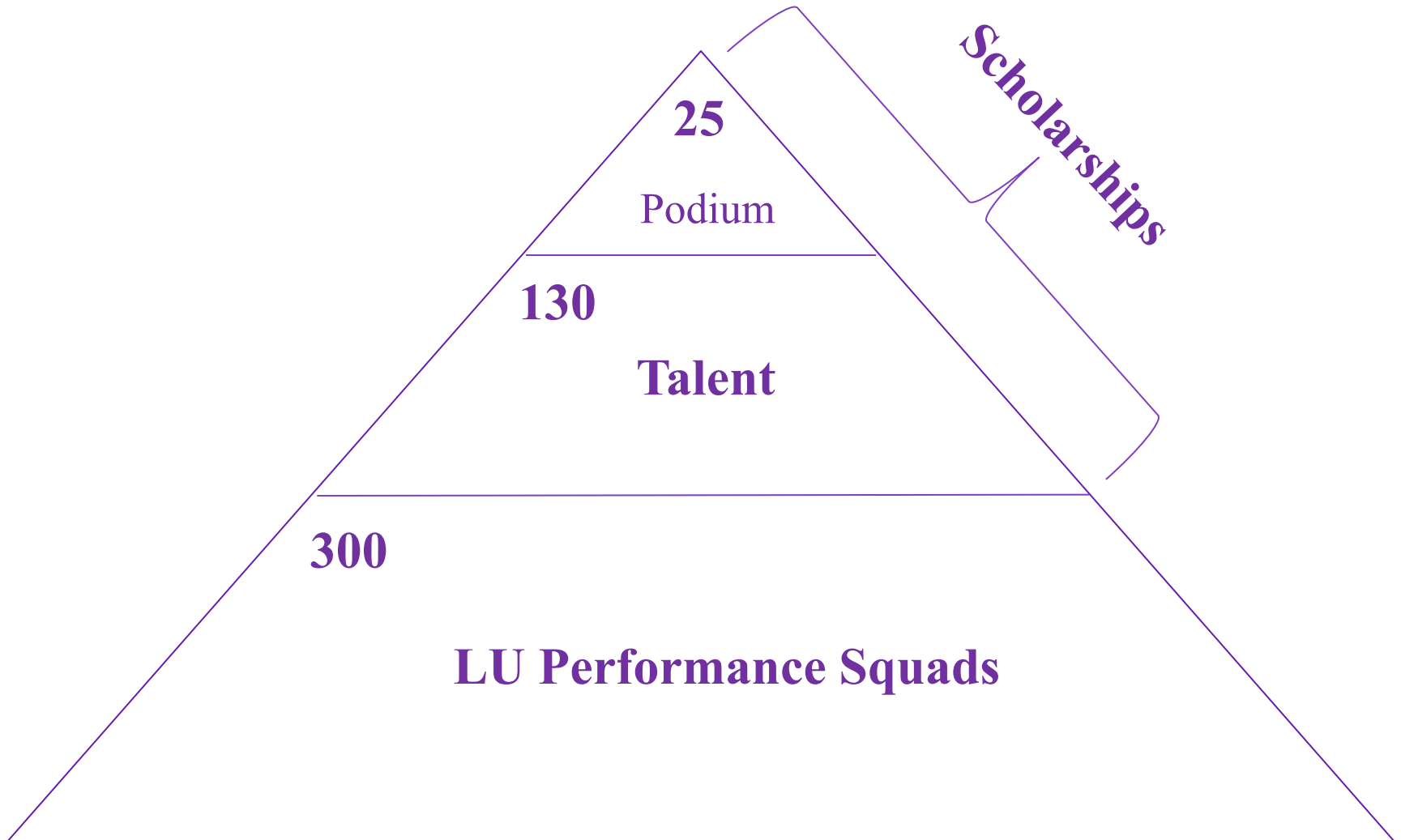
Performance Sport

11 sports get additional University support to go further

Athletics	Netball
Swimming	Triathlon
Cricket	Rowing
Rugby	Badminton
Hockey	Football
Tennis	

1+ FT coaches; limited conditioning, medicine & science support; scholarships; lifestyle support

Athlete hierarchy



University Sport: BUCS

British Universities & Colleges Sport (BUCS) is the national governing body for higher education sport in the UK. Its vision is to enhance the student experience in three key areas:

- Performance
- Competition
- Participation

157 competing Institutions, 50 sports, 157 individual finals or championships - every Wed & a lot of weekends

58% of the GB Team competing in Beijing 2008 came through the higher education system

BUCS Achievements

Student Sport

- Someone just entering University wasn't born the last time another University won an overall BUCS championship
- 50% more points than the University in second
- Add 2nd and 3rd together and we'd have to start trying

2010		2009		2008		2007	
L'boro	5585	L'boro	5512	L'boro	5169	L'boro	5015
Leeds	3368	Bath	3052	Bath	3702	Bath	3505
Birm	2681	Leeds	2899	Birm	2890	Bir	2601
Bath	2560	Birm	2553	Dur	2584	Edin	2160
Edin	2449	Edin	2379	Edin	2161	Not	2085

National Sport

- Mens hockey – National Premiership (EuroHockey League – last 16)
- Womens Hockey – National League 1
- Rugby – National 2 North
- Swimming – best club in the UK
- Netball – NSL team in national top three
- Football – Midland Alliance
- Mens Basketball – National League
- Womens Volleyball – National League

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International Sport

- **48 of our students**, past and present, competed at the 2008 **Beijing Olympics**
 - reaching 19 finals, breaking 15 national and 2 European records, gaining a silver and bronze medal

CWG Medal Table, Melbourne, 2006

	G	S	B
Australia	84	69	68
England	36	40	34
Canada	26	29	31
India	22	17	11
South Africa	12	13	13
Scotland	11	7	11
Jamaica	10	4	8
<u>Loughborough University</u>	8	12	10
Malaysia	7	12	10
New Zealand	6	12	13

CWG, Delhi, 2010

80 athletes,
62 finals,
44 athletes medalled
33 medals won

33% more athletes than 2006
30% more athletes medalled

Equal to South Africa
The 8th highest total medal
count

Performance Sport mission

We aim to:

- Deliver sporting excellence and support academic achievement
- Promote a value driven culture that inspires each athlete to be the best person they can be
- Develop our athletes and staff to realise their potential

Performance Sport values

The power of a positive attitude

We will:

- Seize every opportunity to see the positives in other people
- Be unfailingly enthusiastic about our work
- Celebrate success, large or small
- Challenge and receive challenge constructively

The relentless pursuit of excellence

We will:

- Set standards to be proud of – we will not accept the norm
- Model the behaviours we expect in others
- Go the extra mile to achieve our vision
- Learn from success and failure

Hard work

We will:

- Commit to deadlines and hold others to theirs
- Demonstrate a steely determination to succeed
- Accept responsibility for our own performance
- Say ‘I will’ not ‘they should’

Treating others with respect

We will:

- Win with grace and lose with dignity
- Behave with integrity, especially when no one’s looking
- Trust and earn trust
- Respect and earn respect

Lifestyle

Education & Welfare lead

Policy building

Stretch degree
Assessment flexibility
Leave of absence
Entry concessions
75 in sport
75 other

Mentoring programme

Lead mentor + 16 mentors
150 student-athletes
4 x 30 mins

Academic Department link

Performance tracking
Problem solving

Philosophy

Personal responsibility
Embedded to coaching

Future Plans ...?

